



The Information Junction



Like and follow us on social media to keep up with the latest happenings



Library Facebook



Library Instagram



Literacy Facebook

Friends of the Library Meet: Crewe:

1st Thursdays, 4-5pm
(bi-monthly)

Blackstone (Board):
3rd Tuesdays, 4-5pm

The Friends of the Library work to support the Nottoway County Public Libraries. They raise funds for library improvements and programs and gladly welcome new members.

The Nottoway County Public Library offers a wide selection of **eBooks and digital magazines**. These are available to download through the website at www.nottlib.org

Annual Earth Day Event Returns

Earth Day is **April 22** of each year, and when it comes to our fourth annual celebration, we have lots planned, so be sure to bring the kiddos and join us for **activities, giveaways and information-sharing**. Stop by the **Crewe branch from 4-6pm** to take home a free aluminum water bottle, build a **bird feeder** out of craft sticks, and more. Mark your calendar and join us for this **FREE event!**



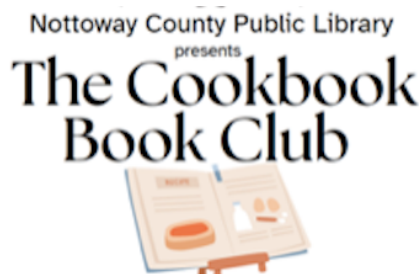
Seed Library Open for "Borrowing"

Spring is here, and it's time to get planting, if you haven't already. According to VA Cooperative Extension*, this is the time that you want to be planting your root vegetables - like carrots, beets and radishes - and leafy veggies like lettuce, kale, cabbage, and chard. We've got many of those seeds, thanks to the generosity of Rare Seeds and the Southern Exposure Seed Exchange, and we expect to have more on the way. We hope that you'll take (only) what you need and share any extra that you have.

*<https://www.pubs.ext.vt.edu/426/426-331/426-331.html>



Something New

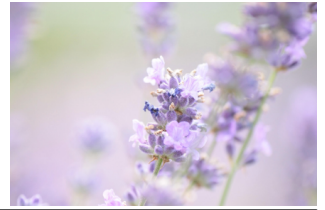


*After having heard about such things for quite a while now, we've decided to finally take the plunge and try something new! This month, we've purchased a copy of **Sally's Baking 101: Foolproof Recipes from Easy to Advanced** and we're leaving it to you to test out the recipes*

and share. This month, you'll **find the book at the Crewe branch, claim a recipe** you'd like to try, let the staff know your choice (so that others won't do the same) and get a free copy to take home. Then from **6-8pm on Wednesday, April 29**, those who have selected and tried out the recipes will bring them to the **Crewe branch to share with others.**



What's Next?



www.nottlib.org

Locations

BLACKSTONE Library

Demetrius Nelson, Manager
434-292-3587
415 South Main Street

Sun	closed
Mon	closed
Tue	12-6
Wed	12-6
Thur	12-6
Fri	10-2
Sat	10-2

BURKEVILLE Library

Agnes McCormick, Manager
434-767-5555
224 W Nunnally St

Sun	closed
Mon	closed
Tue	9:30-5
Wed	closed
Thur	9:30-5
Fri	10-2
Sat	9-12

CREWE Library

Susan Howe, Manager
434-645-8688
414 Tyler Street

Sun	closed
Mon	10-6
Tue	10-8
Wed	10-8
Thur	10-6
Fri	closed
Sat	10-2

From the Desk of Kathy Oliver...

What's the best time for walking? The answer is...it depends! What are your goals - to lose weight or improve sleep? Then your best time is in the morning before you eat because it encourages the body to burn fat more efficiently than later in the day. Are you trying to improve your blood sugar levels? Then afternoon might be the best time. It also is the best time if you want to improve your mood, especially if you walk in a greenspace. Evening walks can reduce stress more and reduce blood pressure, and if you walk after dinner, that will help with blood sugar levels. So what is the best time? The best time is the time that will help you be more consistent. So lace up those shoes and head out the door. Here is the article for further, more detailed information on the health benefits of walking.

<https://bit.ly/4bSZxJY>

New Items in Our Collection

These books will soon be part of our collection (if they're not already)...

Off the Edge by Kelly Weill: "Beautiful, probing, and often empathetic . . . An insightful, human look at what fuels conspiracy theories." —*Science*

The Women of Rothschild by Natalie Livingstone: "Lovers of modern English history and the scandals that infiltrated upper-crust society will find much to enjoy in this work." —*Library Journal*

American Fantasy by Emma Straub: "A funny and poignant work about the pull of nostalgia and the appeal of second chances..." —*Bookpage*

Go Gentle by Maria Semple: "Funny, tender, mysterious, clever...Semple entertains in every moment of this smart story of Greek philosophy and Greek statues" —*Booklist*

Fire Exit by Morgan Talty: "Gripping. . . . A thoughtful, heartfelt exploration of what it means to be part of a family and a community" —*Associated Press*

Administration

Jacqueline Zataweski,
Director

Demetrius Nelson,
IT Tech

